



Book	Policy Manual
Section	400 Series: Students
Title	School Wellness
Code	458 School Wellness
Status	Active
Adopted	June 15, 2006
Last Revised	March 19, 2025
Prior Revised Dates	11/16/2016

The Almond-Bancroft School District recognizes that students and staff who practice wellness increase the potential for a positive learning environment. The District therefore supports good nutrition and regular physical activity as part of the total learning environment.

Nutrition and physical activity are known to influence a child's development, potential for learning, overall sense of well-being, and risk of illness through adulthood. Students who practice good nutrition and engage in daily physical activity attend school with bodies and minds ready to take advantage of the learning environment. The District, therefore, encourages all members of the community to help create and support a school environment that emphasizes healthy, life-long habits of good nutrition and physical activity.

The District shall also maintain, implement, and inform the school community and general public about a local school wellness policy that meets the requirements of federal law. The local school wellness policy required by federal law (hereinafter referred to as the District's "Wellness Plan") is a written plan that includes methods to promote student wellness, prevent and reduce childhood obesity, and provide assurance that school meals and other food and beverages sold and otherwise made available to students on the school campus during the school day are consistent with applicable minimum nutritional guidelines and standards.

Various stakeholders will be given the opportunity to participate in the development, implementation, and periodic review and updating of the District's Wellness Plan. However, the content of Plan is subject to the School Board's review and approval, and the Board retains authority to modify the specific content of the Wellness Plan and to accept, reject, or modify recommendations for updates and other changes

The Board delegates primary administrative oversight of this policy and the District's local Wellness Plan to the PreK-12 Principal or designee. As the District Wellness Coordinator, this person shall:

1. Direct and monitor the District-wide implementation of the District's Wellness Plan and related nutrition guidelines, including monitoring school-level compliance with the Plan;
2. Oversee the periodic evaluation of the Wellness Plan and its implementation at least as often as such formal assessments are required under applicable regulations, including having primary responsibility for ensuring the timely preparation of a written report following each such assessment;
3. Ensure opportunities for stakeholder group involvement in the development, implementation, and periodic review and updating of the District's Wellness Plan in a manner that is consistent with the requirements of applicable federal regulations and the specific content of the Wellness Plan;
4. Keep the Board and the broader community informed of the Wellness Plan, the District's and each applicable school's progress toward achieving Wellness Plan goals, and any recommendations for changes and improvements to the Plan, including any changes that are based on the results of a formal assessment; and

5. Establish recordkeeping procedures that are consistent with applicable federal regulations and any Department of Public Instruction (DPI) guidelines.

Nothing in this policy or in the District's formal Wellness Plan shall be construed to prohibit District schools from undertaking additional school-level wellness initiatives, provided that such initiatives (1) do not either conflict with the formal Wellness Plan or unilaterally supplant or replace portions of the Plan; and (2) have otherwise been properly authorized within the District. However, the Board strongly encourages the administration and staff at individual schools to coordinate their student wellness initiatives with the formal Wellness Plan for the benefit of documenting such efforts and sharing ideas across the entire District.

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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:**  
U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or
2. **fax:**  
(833) 256-1665 or (202) 690-7442; or
3. **email:**  
[Program.Intake@usda.gov](mailto:Program.Intake@usda.gov)

This institution is an equal opportunity provider.

## Legal References

### Wisconsin Statutes

<a href="#">Section 93.49</a>	[farm-to-school programs]
<a href="#">Section 118.01(2)(d)2</a>	[instructional program goals related to nutrition and physical education]
<a href="#">Section 118.12</a>	[sales and promotions on school premises, including the sale of milk and other beverages]
<a href="#">Section 118.33</a>	[high school graduation requirements, including physical education]
<a href="#">Section 120.13(17)</a>	[school board power to authorize the temporary use of school facilities, including the recreational use of school facilities]
<a href="#">Section 120.13(19)</a>	[school board power to provide community programs]
<a href="#">Section 121.02(1)(f)</a>	[school district standard; minimum hours of direct student instruction]
<a href="#">Section 121.02(1)(j)</a>	[school district standard; health and physical education]

## **Wisconsin Administrative Code**

[PI 8.01\(2\)\(j\)2](#) [physical education rules]

## **Federal Laws and Regulations**

[42 U.S.C. §1758b](#) [school wellness policy requirements]

[42 U.S.C. Chapter 13](#) [National School Lunch Act provisions, generally]

[7 C.F.R. Part 210](#) [USDA regulations implementing the National School Lunch Act as amended, including the local school wellness policy regulations]

[7 C.F.R. Part 220](#) [USDA regulations implementing the School Breakfast Program under the Child Nutrition Act, as amended]

## **Cross References**

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