

ALMOND-BANCROFT SCHOOL DISTRICT NEWSLETTER

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ALMOND, WI 54909

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WWW.ABSCHOOLS.K12.WI.US

November 2019

Dates To Remember

- 11/11-Veterans Day Ceremony, 9:00 a.m., West Gym
- 11/12-Parent Teacher Conferences, 4:00-7:30 p.m.
- 11/14-Parent Teacher Conferences, 4:00-7:30 p.m.
- 11/20-Board Of Education Meeting, 6:30 p.m.,



Notes from the District Administrator

Dear Families and Community Members:

Our district is immersed in opportunities for academic growth. Our middle school and high school both have implemented new math curriculum, our middle school is engaged in a research project implementing an intensive literacy intervention program called Read 180U, and our elementary teachers are focused on incorporating best practices in literacy instruction. As we move forward with our academic goals, we also recognize the need for mindfulness in ourselves and in our interactions with others as a base for developing strong relationships that will in turn create an environment conducive for higher academic achievement among our students.

Mindfulness is being focused on your feelings and surroundings in the moment without judgement, and recognizing how we react to situations and interact with each other can either be positive or negative. Research reveals students learn better in a climate that is emotionally positive. Studies have demonstrated emotionally positive classrooms foster higher student achievement. Spending too much time daydreaming or thinking negative thoughts can be draining and lead to stress, anxiety, and symptoms of depression. Practicing mindfulness can direct attention away from negative thinking and actions toward positive thinking and actions.

When staff members practice mindfulness, they reap numerous benefits including lower stress levels, greater efficacy in their jobs, more emotionally supportive school environments, and better organization. Students practicing mindfulness have improved cognitive outcomes, positive social-emotional skills, and higher levels of overall wellness. Students also show more attention and focus in learning, improved emotional self-regulation, empathy and perspective taking, greater compassion, and improved engagement in the classroom and in social situations.

Start practicing mindfulness. Take a walk outside and be aware of the surroundings. Breathe in the fresh air while finding 5 things to see, 4 things to hear, 3 things to touch, 2 things to smell and 1 thing to taste. Also use positive words. Words impact your thoughts, thoughts impact your behaviors and behaviors impact your destiny. Instead of problems, use challenges. Challenges are situations we can conquer by taking positive action. Instead of worrying, use focus. What do you focus on to get to a desired outcome? Instead of using the words such as be careful, which can sound like being on defense, use the words be aware or be alert, which sound like you are on offense.

Join us in our journey toward decreased stress, increased awareness, and improved relationships. Be mindful every day until it becomes effortless.

Dr. Penny L. Boileau

Almond-Bancroft School District

Penny Boileau
District Administrator

Jeff Rykal
PK-12 Principal

Sandra Ciula
PK-12 Dean of Students

Andria Bena
Special Ed Director/
Psychologist

School Board

President:
Bonnie Warzynski
Vice President:
Debbie Bradley
Treasurer:
John Ruzicka
Clerk:
Kim Weiss
Directors:
Keith Dernbach
Eugene Fosmire

Almond-Bancroft School District Vision Statement

We are a collaborative community focused on continued growth in opportunities, choices, and expectations for all students. We prepare self-motivated and responsible students to become well-rounded and successful citizens.

Almond-Bancroft School District Mission Statement

The Almond-Bancroft School District, with support of families and community members, will provide a safe and supportive learning environment, which challenges and prepares each student for success today and tomorrow.



PreK-12 Principal Message

Light at the end of the tunnel...

It's become a cliché to say that one needs to be able to see "the light at the end of the tunnel." However, I find this statement to be ever so true, particularly this time of the school year. We are in the midst of our senior class preparing for life after high school, and far too often, when I ask them what their plans are moving forward, I hear "I don't know" or "I haven't really thought much about it." Whether you are a senior in high school or ranking much higher in age seniority, everyone needs a bit of light at the end of their tunnel.

How can we as parents help our children find that light? As a parent of four, I too struggle with this at times...how do I help nudge them towards finding success in their lives without pushing too hard? To make it even worse, I have four children that are all completely different in personality, likes/dislikes, and motivation. The secret to this, I've found, is recognizing that each child is an individual who will each create their own version of happiness. As a parent, I need to be able to understand that their idea of happiness and mine may not be the same...two visions colliding with one another. As parents, what truly matters is how we deal with those collisions.

If I try to push them towards my own vision, generally I get push back. Instead, what our children really need is encouragement and life experiences that help them create their own vision of their future. This encouragement can be as simple as a dinner time discussion about what they want to be when they grow up (for our younger children) or what careers have they thought about pursuing (seniors about to leave the nest). Encourage your children to get involved in activities and organizations that will provide them experiences that shape their passion and zest for life. When you see that spark in their eye, encourage them to go further with their research and engagement in whatever area they are excited about.

It's also important to note that our children's passions can change on a dime, and as parents, we have to be accepting of this and able to shift our encouragement to their new found loves. Most importantly, when our children have times of darkness, we need to be the light, using our own experiences and knowledge gained in our lifetime to guide them through the rough waters...be the light.

September-Student of the Month



6th grade: Laney Carlton

Laney is cheery, friendly, quick to smile, and is a hard worker. She is helpful to her peers and is a team player.

7th grade: Maddy Potts

Maddy pays attention to detail, is helpful to staff and students, and stays on task.

8th grade: Alondra Puente

Alondra is curious, helpful, kind, and hard-working.

Reading Nook

Reading At Home

Reading at home is just as important as reading at school. Here are a few ideas on how to support your reader(s) at home:



- Set a goal for your student to read with you or independently for at least 20 minutes a day.
- Help him/her find books at home and at your local library.

-Make connections between your child's interests and books to read. For example, if he/she likes animals, try to locate books on animals, both fiction and nonfiction.

-Try to spend time every day with your reader looking through "nonbook" reading materials, such as websites, pieces of mail, advertisements, and food labels, to demonstrate how important a part reading plays in daily life.

-Consider sharing with your child the kinds of things you are reading. Tell about interesting things you read in the newspaper, or about a magazine article that taught you something new.

Happy Reading!

Ins and Outs of the Fall Book Fair



Help engage students and motivate them to read voluntarily, by visiting the Book Fair. Our annual Almond-Bancroft Book Fair is just around the corner. Looking forward to seeing everyone as they browse the selection of books.

Book Fair dates: November 11th – 15th

Shopping hours:

- preview day on November 8th
(students can purchase while they preview, if time allows)
- before school (7:45-8:10 a.m.)
- parent-teacher conference nights (4:00-7:30 p.m.).

PARTNERS IN EDUCATION NEWS

Almond-Bancroft PIE wants to extend a HUGE thank you to those who donated food and volunteered their time for our Open House fundraising meal. The meal was a success and it couldn't have been done without your help! THANK YOU!

Remember-we still collect Box Tops for Education! If you clip them at home, be sure to send them to school with your child or grandchild!

NO MORE CLIPPING

Also, there is a new way to collect Box Tops!



Download their app onto your phone and add our school to your account. Then simply scan your receipt after shopping! The Box Tops are automatically "deposited" to our school's account. It's that easy! Invite friends and family to help too! Go to www.boxtops4education.com for more information.

Next PIE meeting: Monday, November 4th at 5:30 PM. in the Elementary LMC.

Please consider joining us!



Eagles Athletic Events

EAGLES SPORTLIGHT



- 11/5-MS Boys Basketball Home vs. Wild Rose, 5:00 p.m.
- 11/7-MS Boys Basketball @ Rosholt, 5:00 p.m.
- 11/11-MS Boys Basketball Home vs. Tri-County, 5:00 p.m.
- 11/14-MS Boys Basketball @ Pittsville, 5:00 p.m.
- 11/18-MS Boys Basketball Home vs. Pacelli, 5:00 p.m.
-HS Girls Basketball Scrimmage Home vs. Iola-Scandinavia, 5:30 p.m.
- 11/19-MS Boys Basketball Home vs. Port Edwards, 5:00 p.m.
- 11/21-HS Girls Basketball Home vs. Marion, 6:00 p.m.-JV, 7:30 p.m.-Varsity
- 11/25-MS Boys Basketball @ Wild Rose, 5:30 p.m.
-HS Girls Basketball @ Weyauwega-Fremont, 6:00 p.m.-JV, 7:30 p.m.-Varsity
- 11/26-MS Boys Basketball @ Port Edwards, 5:00 p.m.
-HS Wrestling Scrimmage @ Westfield, 4:30 p.m.
-HS Boys Basketball Home vs. Tigerton, 6:00 p.m.-JV, 7:30 p.m.-



Hear ye, Hear ye,

Once again the senior class is selling kringles to raise funds for their senior class trip. They are ovals of deliciousness that come in the following choices: almond, raspberry cheesecake, pecan, apple cinnamon, cherry, chocolate eclair, cheesecake, cinnamon, blueberry cheesecake, or strawberry. The cost is \$11.00 each.

Sales begin on November 18th and run through December 5th. They will be delivered on December 18th, just in time for Christmas.

If you would like to purchase kringles, please place your order with an Almond-Bancroft senior student, or send in your order to the following email addresses and we will add it to the class. Please provide your name, phone number, type of kringle, and how many of each you want to order.

ABHS STUDENT COUNCIL SINGING BIRTHDAY GRAMS

ABHS Student Council will deliver a singing birthday gram to your favorite Student/Staff member on their birthday during 7th-8th hour. **PLEASE ALLOW 24 HOUR NOTICE BEFORE DELIVERY ON BIRTHDAY. PRE-PAYMENT IS REQUIRED.**

Student Staff Name: _____

Birthday: _____ Teacher @ 2pm: _____

Special Message: _____



These are the packages to choose from:

- STANDARD: _____ (\$5)** Happy Birthday balloon on party stick decorated with ribbon, card, and a round lollipop
- | | | |
|------------------------------------|----------------------------|-----------------------------------|
| _____ Green & White Pom-Pom (\$2) | _____ Smencil (50¢) | _____ Birthday Tiara or Hat (\$2) |
| _____ Extra Round Lollipop (\$.50) | _____ Chocolate Rose (\$1) | _____ Beads (\$1.00 for 3 beads) |
| _____ Beads (\$1.00 for 3 beads) | | |



ALMOND-BANCROFT VETERANS DAY PROGRAM

**November 11th - 9:00 AM
West Gymnasium**

Color Guard - American Legion Mead-Rath-Gutke Post
Welcome - Almond-Bancroft NHS
Performances by the Almond-Bancroft Band and Choir
Quilt Presentation to Veterans - Golden Needle Quilters
Honoring of the branches
Recognition of those who have served
Recognition of military families
Special Guest Speaker
Slideshow of area veterans

Please join us in honoring our veterans!



SENIOR PORTRAITS FOR THE YEARBOOK

To: Parents and Members of the Class of 2020

Senior Photo Submission Deadline: Friday, December 6th 2019

Congratulations on your successes! The following information will help you plan for your senior portraits and ensure that the photo in your child's yearbook will be treasured. You may submit a photo taken by a professional photographer of your choice, as long as your submitted photo meets deadline, aesthetic and technical specifications. It isn't too soon to schedule your senior portrait sitting with your favorite photographer.

The purpose of the senior photo policy is to promote clarity and recognition of students and to discourage controversial submissions.

The photo must be a head and shoulders shot of the student (from the waist up is acceptable). No profiles please (both eyes of the senior should be visible).

The photo should be submitted without any writing on it (the name of the photographer's studio, etc.).

The staff designs the book for portrait pictures only (landscape photos will be cropped).

The photo must not have an all-white or all-black background, as these photos often look like "cut-outs"

The photo must not contain props, pets, or persons other than the senior (props include vehicles, sports equipment, instruments, etc.). Pictures taken in a natural environment look best.

Students in the photo must follow the school dress code. Although it is usually Summer when photos are taken, students must have their bodies adequately covered. No cleavage. No hats. No inappropriate logos on t-shirts.

Due to copyright laws, your photographer must submit a senior portrait to the yearbook staff and grant his/her permission for the yearbook staff to publish the photograph. The best way to do this is to have the photographer send an e-mail to Mrs. Rykal which releases the photograph for publication in the Almond-Bancroft Yearbook with the photo attached. Photographers should note that these photos are also used for the senior video at the graduation ceremony and submitted to the Waushara Argus Paper and the Stevens Point Journal.

If you will not be using a professional photographer to take your senior's photo, the student may ask Mrs. Rykal to take a quality photograph of him/her in a local indoor or outdoor setting. You may also submit an unprofessional photo as long as the picture is well focused and has a high resolution. If no picture is submitted, the school photo will be utilized.

Enjoy the upcoming, fast-paced year with your senior! Thank you for your cooperation and feel free to contact Mrs. Rykal if you have any questions.

Mrs. JB Rykal, Yearbook Advisor (jbrykal@abschools.k12.wi.us)



PORTAGE COUNTY
HEALTH AND HUMAN SERVICES
Division of Public Health

817 Whiting Avenue
Stevens Point, WI, 54481
Phone: (715)345-5350
Fax: (715)345-5966
pchhsd@co.portage.wi.us

Immunization Program

October 28, 2019

Dear Parents/Guardians:

The Portage County Division of Public Health is working with your child's school to give the annual influenza vaccine to children at school. This vaccine will protect against all four influenza strains that are expected to circulate this year. This is a **FREE voluntary vaccination**. We will hold vaccination clinics beginning in November.

Attached you will find the following:

- 1) Parental consent form that will allow your child to be vaccinated against the flu at school.
- 2) Information regarding the influenza vaccine.

If you would like your child to be vaccinated, please read the attached forms. The only form that MUST be returned to your child's school is the Parent Consent Form filled out completely. This form should be returned to the school nurse within one week of the vaccination clinic. Date of Clinic November 11th from 1pm till 3 pm. Deadline for forms will be Wednesday November 6th.

If the form is not received by Wednesday November 6th, your child will NOT be vaccinated. There will be no exceptions.

- *Note: Depending on whether they've gotten influenza vaccines in the past, some children younger than nine years of age will need two doses of vaccine spaced about 4 weeks apart. If your child falls into this category you will receive further information from Public health after the clinic.*

If you have any questions about the vaccine or the vaccination clinics, please call: 715-345-5350 Option 8 to speak with a public health nurse, Monday – Friday 8 AM to 4:30 PM. Please visit the CDC's influenza web site at <http://www.cdc.gov/flu/> and also <http://www.cdc.gov/flu/parents> for information especially for parents.

Thank You for Your Consideration.

Melanie Baehr MSN, BSN, RN
Public Health Nursing Supervisor

LOOK FOR THE FORMS IN YOUR MAIL, THEY WERE MAILED ON OCTOBER 30TH.

2020 POST PROM PLANNING MEETING

There will be a Post Prom meeting on Tuesday, November 19th at 7 p.m.

Junior class parents who would like to help with the planning of this exciting event please meet in the High School Library.

Thank you,





S.O.S. Christmas Box Application**
For families living in Almond, Bancroft, Hancock and Plainfield
Aplicación para Caja de la Navidad**
Para las familias que viven Almond, Bancroft, Hancock y Plainfield

Names of Head of Family
Nombres de Jefes de la Familia _____

Mailing Address
de correo _____

Phone Number
Numero de Teléfono _____

Number of children (ages 0-14) _____ Number of adults (ages 15 and up) _____ living in your house.
Numero de niños (edad 0-14) _____ Numero de adultos (edad 15 y mas) _____ viviendo en su casa.

Names, Ages, Sex and Clothing Sizes of Children 0 through 14 years old
Nombres, Edades, Sexo y Tallas de Ropa de Sus Niños de 0-14 anos

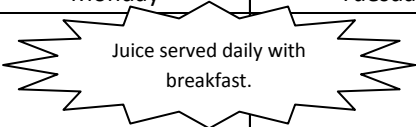
<u>Children's Names</u> Nombres del niño	<u>Age</u> Edad	<u>Sex</u> Sexo	<u>Size</u> Talla <small>(youth or adult sz?)</small>	<u>Gift Ideas (please be specific)</u> Ideas para regalo (favor de ser especifico) (Children 0-14 years only! Niños 0-14 anos!)
1. _____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____
5. _____	_____	_____	_____	_____
6. _____	_____	_____	_____	_____
7. _____	_____	_____	_____	_____
8. _____	_____	_____	_____	_____
9. _____	_____	_____	_____	_____
10. _____	_____	_____	_____	_____

****Please fill out only *one* application per family!** This application *must be completed and returned as soon as possible, but no later than **November 13, 2019.*** If you will not be living in this area on December 18, 2019, the distribution day, please **do not** fill out an application!! **Return to S.O.S. PO Box 161, Plainfield, WI 54966**

****Favor de llenar solamente *una* aplicación para cada familia!** Esta aplicación *se tiene que llenar y devolver lo mas pronto posible o no mas tardar del **13 de noviembre de 2019.*** Si Ustedes no van a estar viviendo aquí para la fecha del 18 de diciembre de 2019 cuando reparten las cajas, favor de no llenar una aplicación. **Volver al S.O.S. PO Box 161 Plainfield, WI 54966**

Almond-Bancroft Menus: November 2019

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cinnamon Roll Yogurt
4 Breakfast Bar	5 Egg Omelet Whole Grain Toast	6 Pancake Wrapped Sausage on Stick	7 Cereal Muffin	8 Bagel Yogurt
11 Breakfast Pizza	12 Oatmeal Whole Grain Toast	13 Cereal Muffin	14 Frudel Yogurt	15 Cinnamon Roll Yogurt
18 Pancake Wrapped Sausage on Stick	19 Cereal Muffin	20 French Toast Sticks	21 Cereal Muffin	22 Bagel Yogurt
25 Breakfast Pizza	26 Cereal Muffin	27 No School	28 No School	29 No School

Breakfast Prices:

Reduced: No Charge

4K (M-W): 7 days @ \$1.60=\$11.20

4K (T-Th): 7 days @ \$1.60=\$11.20

K-12th Grade: 18 days @ \$1.60 = \$28.80

4K-5TH Grade Morning Milk Price:

(\$0.35 a day)

4K-5 Reduced: No Charge

4K (M-W): \$2.45

4K (T-Th): \$2.45

K-5th Grade: \$6.30

Milk Choices:

- Skim
- 1% White
- F/F Chocolate

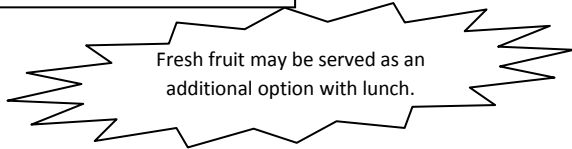
Juice Choices:

- Apple Cherry
- Apple
- Grape
- Orange

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Sub Sandwich Sun Chips Corn Apple Slices
4 Beefy Nachos Corn Peaches	5 Corn Dogs Ravioli Carrots Mixed Fruit	6 Country Pork Chop Mashed Potatoes Peas Pears	7 Chicken Alfredo Green Beans Pineapple	8 Pizza Salad Bar Mandarin Oranges
11 Hot Dog on Bun Wedges Baked Beans Applesauce	12 Chicken Fajita Broccoli Peaches	13 Pancakes Sausage Pattie Hash Browns Strawberries	14 Cheese Burger Hot Dish Green Beans Pears	15 Cheese Fries Salad Bar Pineapple
18 Taco Soft or Hard Shell Corn Mixed Fruit Cup	19 Beef & Gravy Mashed Potatoes Whole Grain Bread Carrots Applesauce	20 Chicken Sandwich French Fries Baked Beans Peaches	21 Frito Chili Veggies & Dip Pears	22 Pizza Dippers Salad Bar Mandarin Oranges
25 Chicken Nuggets Hash Browns Baked Beans Peaches	26 Hamburger on Bun Tater Barrels Whole Grain Bread Corn Pears	27 No School	28 No School	29 No School

This institution is an equal opportunity provider.



Lunch Prices:

Reduced 4K (M-W): 7 days @ \$0.40= \$2.80

Reduced 4K (T-Th): 7 days @ \$0.40= \$2.80

Reduced K-12: 18 days @ \$0.40 = \$7.20

4K (M-W): 7 days @ \$2.35= \$16.45

4K (T-Th): 7 days @ \$2.35= \$16.45

K-5th Grade: 18 days @ \$2.35 = \$42.30

6th – 12th Grade: 18 days @ \$2.60 = \$46.80

**NOTICE OF CHANGE IN ADOPTED BUDGET
SCHOOL DISTRICT OF ALMOND-BANCROFT**

Notice is hereby given, in accordance with the provisions of Wisconsin Statute 65.90(5)(a), that the School Board of Almond-Bancroft, on October 22, 2019, adopted the following changes to previously approved budgeted 2019 - 20 amounts. The following presents only adopted budget line items with changes. Unchanged line items are not presented.

GENERAL FUND				
LINE ITEM	ACCOUNT CODE	PREVIOUS APPROVED AMOUNT \$	AMENDED APPROVED AMOUNT \$	CHANGE \$
Anticipated Revenue:				
Taxes	210	1,880,074.00	1,850,189.00	(29,885.00)
State Aid -General		0.00	0.00	0.00
Total Anticipated Revenue		6,360,990.82	6,331,105.82	(29,885.00)
Expenditure Appropriations:				
Undifferentiated Curriculum		0.00	0.00	0.00
Regular Curriculum		0.00	0.00	0.00
Business Administration		0.00	0.00	0.00
Total Expenditure Appropriations		0.00	0.00	0.00
Projected Ending Fund Balance:				
Fund Balance, Restricted		0.00	0.00	0.00
Projected Ending Fund Balance	932000	1,318,542.26	1,288,657.26	(29,885.00)

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COMMUNITY SERVICE FUND				
LINE ITEM	ACCOUNT CODE	PREVIOUS APPROVED AMOUNT \$	AMENDED APPROVED AMOUNT \$	CHANGE \$
Anticipated Revenue:				
Taxes		0.00	0.00	0.00
State Aid -General		0.00	0.00	0.00
Total Anticipated Revenue		0.00	0.00	0.00
Expenditure Appropriations:				
Support Services		0.00	0.00	0.00
Community Services	300000	0.00	6,500.00	6,500.00
Non-Program Transactions		0.00	0.00	0.00
Total Expenditure Appropriations		0.00	0.00	0.00
Projected Ending Fund Balance:				
Fund Balance, Restricted		0.00	0.00	0.00
Projected Ending Fund Balance		28,096.16	21,596.16	(6,500.00)

Almond-Bancroft School
1336 Elm St
Almond, WI 54909

Non-Profit Org.
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Permit #1
"PRSRTD." "ECRWSS"